



Breakfast Optimist Club East Fort Worth OptiBULLETin (#38045)



President: Charles Hodges
Secretary/Treasurer: Patsy Garner

Bulletin Editor: Patsy Garner DATE: 10-3-18

The OptiBULLETin is published weekly & is the official publication of the Breakfast Optimist club of East Fort Worth

The Optimist Creed

Promise Yourself ...

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

LOOKING AHEAD

UPCOMING PROGRAMS

October 4th – Mindset Fitness & Yoga with Travis & Bobby

October 11th – Young Texan/Texanne from Oakridge School – come meet the new Advisor, Steve Hebert

October 18th – Open

October 25th – Ricardo Gonzalez - TXDOT

UPCOMING EVENTS

October 9, 2018 – Board of Director Meeting, 6:00 (eat) 6:30 Meal-Smokeys BBQ

October 11, 2018 – Installation & year end Banquet – Shady Valley Country Club

October 13, 2018 – EHHS Homecoming Parade 10:00am-12:00pm

October 19-20, 2018 – NTX District Meeting - Shady Valley Country Club - Arlington



MINDSET FITNESS & YOGA

A Way of Thinking. A Way of Living.

Club Program

October 4, 2018

Bobby Kordish & Travis Ehrhardt

Come join us for an uplifting morning!

Discussions will include:

WORKSHOPS AND YOGA TRAININGS

EVENTS & WORKSHOPS

Posture Workshop

Massages, etc

Mission, Vision & Purposes of Breakfast East Optimist club

Mission Statement

By providing hope and positive vision, Optimists bring out the best in kids.

Vision Statement

Breakfast East Optimist will be recognized in Fort Worth as the premier volunteer organization that values all children and helps them develop to their full potential.

Purposes

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed;
To promote an active interest in good government and civic affairs;

To inspire respect for the law;
To promote patriotism and work for international accord and friendship among all people;

To aid and encourage the development of youth, in the belief that the giving of one's self in service to others will advance the well-being of humankind, community life and the world.

**Preliminary 1st Quarter NTX District Meeting Agenda
October 19th-20th, 2018
Arlington, Texas**

Friday, Oct.19:

6:30pm *Howdy Party*—LaQuinta inn & Suites Fort Worth Eastchase
8250 Anderson Blvd, Fort Worth
Informal get together to share Food and fellowship sponsored by local clubs.
8:00pm Board of Director Meeting(place TBD by Governor Jill)

Saturday, Oct. 20:

9:00am *Board meeting—Shady Valley Country Club* [4001 West Park Row Drive, Arlington, TX 76013](#)

Workshops specifically designed to help your club succeed.

Discussions will be lead by Optimist International President Rebecca “Becky” Butler Mona, Optimist International Vice-President Paul Lucas & Past Optimist International President (NTX Leadership & Development Chair) Danny Rodgers re:

- *How clubs can use the 100th Centennial year to reach out to the community,
- *Publicize our work,
- *Grow our clubs,
- *Expand our reach into new communities.

Governor Jill encourages all club Presidents, Secretary/Treasurers and club leadership to attend and receive some great training and insight on how each club can better impact the Community in your coming year!

OI President
Becky Butler Mona



OI Vice President
Paul Lucas



2018-2019 MEMBERSHIP UPDATE	
STARTING #	87
CURRENT:	90
NEW	3
GOAL (BY 3-31-19)	93

**OCTOBER
CLUB
ANNIVERSARIES**

RODY RYON
10-8-1963

PAT SUMMERS
10-11-2008

TRACY HARGROVE
10-28-2008

THANK YOU for your
service & dedication!

Charles Chats'

Message from President Charles Hodges:

Believe it or not, October is here. Fall always brings changes, and for BEFW it's no different. As Stewart passes the baton to me and a new Board is seated, we can all look back on a great year and forward to what should be an even better one. I ask everyone to approach their experience in Optimist with an open mind, a willing spirit and a passion for helping youth become successful citizens. Think about what your impact will be this year, then take steps to make it a reality.

Distinguished Club

Recognition: We're starting out October with some great news. Our membership push in September resulted in BEFW qualifying as a Distinguished Club! This was achieved through a combination of increasing our roster as well as sponsoring a new club. There were only five clubs in the District to achieve this status, so much thanks goes to each member who brought in someone new and, of course, North Texas District 38 Governor Diane Clark for her tireless work to help make this status a reality.

Teachers

can change lives with just the right mix of chalk and challenges.

-Joyce Meyer



Like us on our FACEBOOK PAGE

www.Facebook.com/BreakfastOptimistClubofEastFortWorth





**EVITE INVITATIONS
HAVE BEEN SENT OUT!**

**IF YOU ARE UNABLE TO OPEN THIS
INVITATION (OR YOUR SPAM HAS IT
BLOCKED) – GO DIRECTYL TO THE
FOLLOWING LINK:**

<http://evite.me/PcxecZS9gT>

Cost is \$15.00/person
(Club will pick up remaining costs)

All new members and Board members will be installed. Members will be honored, including Rody Ryon as our outgoing Secretary/Treasurer!

Please R.S.V.P (or send regrets) by October 6, 2018 by responding to the evite invitation, or emailing: Patsy.garner@gmail.com

Please reply back with your choice of the following:

Peppercorn Crusted Tenderloin Tail with Blue Cheese Cream Sauce, Creamy Risotto

OR

FireRoasted Airline Chicken with Rosemary Au Jus, Roasted Red Potatoes

SEE YOU THERE!

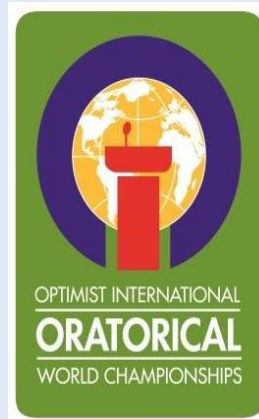


October 2nd – Don Arnwine

October 21st – Brother Al Kuntemeier

(If your name is omitted – please remit to bulletin editor!)

2019 Scholarship topics



“Is there a fine line between Optimism & Reality?”



“When all the problems of the world are solved, is there still a need for Optimism?”



***“The miracle is not that we do this work,
but that we are happy to do it.”***

Mother Theresa





DATE CHANGE

28th ANNUAL GOLF TOURNAMENT

**MONDAY,
10/29/18
WATERCHASE
GOLF COURSE**

**Lunch served:
11:00a-1:00p
Shotgun tee: 1:00p**

**\$100/member or
\$400/team
Hole sponsors: \$150**

Invite your:

- **Friends**
- **Co-workers**
- **Neighbors**
- **Family**
- **Potential members**

**Please contact Tim
Bicknell for further
information**

tjbcpa92@yahoo.com

**Breakfast Optimist club
of East Fort Worth
"We Grow Leaders" 2018-2019**

President	:	Charles Hodges
Past President:		
Secretary:		Patsy Garner
Treasurer:		Rody Ryon
Vice-Presidents:		Tim Bicknell Al Clark

Board Members:		Term thru
	Bill Mann	2019
	Ken Garner	2019
	Lisa Yanagida	2019
	Tony Blauvelt	2018
	Ben Caldwell	2018
	Bill Schwennsen	2020



O.I. President:	Rebecca Butler Mona (Iowa)
O.I. Vice-President:	Paul Lucas (Odessa, TX)
NTX Governor:	Jill Rodgers (Fort Worth)
NTX Co-Lt Governors:	John Maxell & Al Clark



**10-1-1963 Meets: Each Thursday - 7:00am
DIXIE HOUSE CAFÉ - 6200 East Lancaster Avenue - Fort Worth, Texas**

**Join us each Thursday morning for fun, food, fellowship, phenomenal programs,
and fantastic service projects as we serve our youth on the East
side and surrounding areas of Fort Worth!**